



## **Kanisha L. Meaders, DNP, FNP-C Director of Jackson Hinds School-Based Clinics**

Dr. Kanisha L. Meaders is a Nurse Practitioner and the Director of Jackson Hinds School-Based Clinics at Jackson Hinds Comprehensive Health Center.

She has worked as a family nurse practitioner for over 12 years, providing care to patients and families of all ages. In addition to being the Department Head for the 10 standing school-based clinics and 10 additional schools serviced by the mobile unit, she is the primary provider at the school-based clinic in Terry High School.

She loves serving as a provider in the school-based clinics because she understands the need to educate students and parents about their health in the academic setting. In addition, providing healthcare services in the schools build rapport with students and parents that enhances compliance with medical recommendations, thus improves patient outcomes. Serving in the school also allows mentoring opportunities for students considering careers in healthcare.

Dr. Meaders began her college career at Mississippi State University studying biology (pre-nursing). Upon acceptance into the nursing program, she transferred to the University of Mississippi Medical Center (UMMC) School of Nursing in Jackson, MS. She obtained a Bachelor of Science Degree in Nursing from UMMC School of Nursing in 2002. She worked as a Registered Nurse (RN) in the UMMC Neonatal Intensive Care Unit (NICU) from 2002-2006. During that time, she returned to school to obtain a Masters of Science Degree in Nursing to become a Board Certified Family Nurse Practitioner in May 2006. She earned her terminal degree (Doctor of Nursing Practice) from UMMC School of Nursing also. She is looking forward to being a leader in healthcare.

She embraces new opportunities. She is humbled to a member of the Jackson Hinds Leadership Team who supports improving access to quality healthcare through school-based clinics. She aspires to shape future leaders, embrace new vision and ideas, and motivate employees to be their best version of themselves professionally as well as in their personal journey to greatness.

Notwithstanding all the educational and career accomplishments, she knows all too well the challenges on the road to success that was often paved with adversity. Yet, she has continued to strive for excellence and now accredits those challenges to her work ethics and her faith journey that serves as inspiration to others. She is an advocate for education (being among the first in her immediate family to obtain a college degree, the first to pursue a career in health care, and first to obtain a terminal degree). However, she advocates balancing educational knowledge with Godly wisdom.

She is a well-respected leader in her community grounded in strong Christian values. She serves as a leader in her church and as an inspirational speaker for youth and marriage conferences. She believes in maintaining a healthy work-life balance. She loves spending quality time with her husband, family, and core friends. She has been married to her high school sweetheart for 17 years. She is the mother of 4 and proud “Mimi” of 2. She loves family time, traveling, singing, and photography.